

**Module 4: Psychological Assessment and Personality tests**

A) Personality tests-Expression Techniques

- i) The draw- A - person test
- ii) The house- tree - person test (H-T-P)

B) Projective Techniques

- i) Rorchach Ink Blot Test
- ii) Thematic Apperception Test

Assessment of normality

A) Sixteen Personality Factor Questionnaire (16 PF)

B) NEO personality inventory - revised (NEO-PI-R)

Measures of emotional Intelligence

**Shivaji University, Kolhapur**  
**B.A. (III)**  
**Choice Based Credit System**  
**(Introduced from June, 2020 onwards)**

**Semester-VI Course Code: DSE – E –212**

**(i) Paper: XIII**

**(ii) Title of the paper: Counselling Psychology**

**(iii) Specific Objectives:**

1. To make the students familiar with the field of Counselling Psychology.
2. To acquaint students with the applications of Counselling Psychology in the fields of Career, School, College Counselling and student-life services.

<b>(iv) Module</b>	<b>No. of Credits</b>
Module 1: Introduction and Professional Aspects of Counselling Psychology	01
Module 2: Career Counselling	01
Module 3: Professional School Counselling	01
Module 4: College Counselling and Student- life Services	01

**V. Recommended reading**

**a) Book for Study:**

Gladding. S.T.,and Batra Promila (2018). Counselling : A Comprehensive Profession. Eighth Edition. Third Impression, Pearson Education Inc.

**(vi) Books for Reference:**

David A. (2009). Guidance and Counselling. New Delhi: Commonwealth Publishers,  
Gladding. S.T.(2014). Counseling : A Comprehensive Profession. Seventh Edition.  
First Impression, Pearson Education Inc.

Kinra Asha, (2008). Guidance and Counselling. Pearson India Education Services  
Pvt.Ltd.

Rao, N. (2007). Counselling and Guidance. New Delhi: Tata McGraw- Hill Publishing  
Company Limited,.

Reeves Andrew, (2013) An Introduction to Counselling and Psychotherapy. New  
Delhi: SAGE Publications India Pvt. Ltd.

**Shivaji University, Kolhapur**  
**B.A. (III)**  
**Choice Based Credit System**  
**(Introduced from June, 2020 onwards)**

**PAPER- XIII: COUNSELLING PSYCHOLOGY**  
**DSE – E - 212**

**MODULE 1. Introduction and Professional Aspects of Counselling**

Introduction

A. Definition of Counselling

B. Guidance

C. Psychotherapy

Current Trends in 21st Century

A. Dealing with Violence, Trauma and Crises

B. The Challenge of Managed Care

C. Promoting Wellness

D. Concern for Social Justice and Advocacy

E. Greater Emphasis on Technology

Professional Aspects of Counselling

A. Inspection

B. Registration

C. Certification

D. Licensing

**MODULE 2. Career Counseling**

The Importance and Scope of Career Counselling

A. Important Aspects of Career Counselling

B. The Scope of Career Counseling and Careers

Career Development Theories and Counselling

A. Trait-and –Factor Theory

B. Developmental Theories

C. Social-Cognitive Career Theory

Career Counseling with Diverse Populations

A. Career Counselling with Children

B. Career Counselling with Adolescents

C. Career Counselling with College Students